

OCCUPATIONAL THERAPY provides a variety of sensory-based interventions to challenge each child while also setting them up for success. Finding appropriate challenges based on unique strengths and weaknesses is imperative for improving the child's response to sensory experiences in daily life. The ultimate goal of Occupational Therapy is to promote successful participation in childhood activities such as playing, going to school, eating, getting dressed, and interacting with peers.



MUSIC THERAPY is led by a Board-Certified Music Therapist, and is meant to allow children to explore their musical interests while working on therapeutic goals. A Music Therapist can use music to encourage speech, movement, and confidence! Children learn at a young age through engaging their creativity, and music provides a structured outlet for encouraging creativity, play, and socialization.



GROUPS are a great way to teach social skills and get children to interact with one another in an inclusive setting. Our group classes blend our different programs together, such as Music and Fitness to ensure a fun, interactive learning environment. Contact us to learn more about these great options.

LIFELAB KIDS is a therapeutic, recreation, and teaching center for children of all abilities. We empower youth to help them see past their limitations and lead full lives. And we are committed to providing comprehensive and individualized programming to meet each child's specific needs. Our unique, one-stop-shop model is based on what all of us need – to feel healthy, active and to belong. We bring together therapists from multiple disciplines under one roof to collectively change lives so students can discover their strengths by engaging in their passions.



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Art Therapy • Applied Behavior Analysis
Counseling • Fitness • Feeding Therapy
Groups • Life Skills • Music Therapy
Occupational Therapy
Speech Therapy • Technology

ART THERAPY focuses on the process of making and creating, not exclusively the final product. It helps children decrease stress, express their feelings, increase their attention span, and improve their fine motor skills. Painting, drawing, coloring, and sculpting are few of the creative techniques used in Art Therapy. Therapists encourage socially-appropriate play through the opportunity to interact with others. Students develop social skills, such as sharing materials, making friends, listening to others, and practicing patience to make mistakes and try new things.



APPLIED BEHAVIORAL ANALYSIS (ABA)

is led by our team of Board-Certified Behavioral Analysts (BCBA). Our enhanced ABA Therapy collaborates across other programs and therapies, with a focus on physical and emotional wellness to improve socially significant behaviors.

COMMUNICATION is an integral part of a child's daily life, whether it be verbal or non-verbal. Every child has their own way of communicating and the role of speech therapy is to improve the child's way of communicating wants and needs.

It is the role of the Speech Therapist to discover the child's preferred way of communication and expand and improve the child's understanding and decrease frustration. Once a child is able to communicate these feelings, negative behaviors subside and noticeable growth and genuine happiness occur.



FITNESS, facilitated by a certified Therapeutic Recreation Specialist, provides an inclusive approach to recreation and fitness. Through a blend of exercise and play, the program will assist to improve or maintain cognitive, physical, social and emotional-well being. The staff individualizes each program utilizing each student's strengths and interests to help them learn the importance of living a healthy and active life.

FEEDING THERAPY is led by our team of Speech Language Pathologists (CCC-SLP). Our approach to overcoming feeding challenges is both behavioral and child directed. We use the Sequential-Oral Sensory (SOS) and Beckman Oral Motor approaches to address the whole child in Feeding Therapy. The children we see range from picky eaters to sensory feeders, children with hyper sensitive gag reflex or who have difficulty chewing and swallowing, those who have difficulty drinking from the bottle, an open cup, and/or straw, as well as children who have been tube fed and need help transitioning to oral feeding. We work closely with parents and caregivers to help children overcome feeding problems.



LifeLab Kids incorporates the use of **TECHNOLOGY** through our programming and skill acquisition may be more readily achieved. Classes include virtual reality, computer skills, exergaming, and video games.

All skills taught through technological sources are also transferred to the natural environment through coordination with LifeLab's multi-disciplinary team.